



OAPCE And CPIC Parent Strategies and Outline for CSCP's

As our ongoing advocacy for parents we have come together to ensure that the voices of TCDSB are heard. As we are all in this unprecedented time we would like to share some parent strategies for parents in how to cope with our current situation.

Simple strategies:

1. Safety first. Focus on following health guidance. Both mental and physical health should be the main priority.
2. Health: Focus on healthy eating, daily exercise and practice good mental health exercises such as meditation etc. Prayer is the best form of finding internal peace, this is a great time to get closer to Jesus.
3. Patience. This is a marathon and we need to be prepared for the long haul.
4. Keep routines as much as possible. Online learning in the week, breaks throughout the day and try to enjoy the weekends.
5. Stay connected with friends and family. Try virtual tools such as zoom, what's app etc.

Resources:

There are so many Resources for parents that it may seem overwhelming. Let's start with Ministry of Education:

<https://www.ontario.ca/page/learn-at-home>

TCDSB:

<https://sites.google.com/tcdsb.ca/tcdsbcurriculumdept/home>

Nurturing Our Catholic Community:

<https://www.tcdsb.org/BOARD/NURTURINGOURCATHOLICCOMMUNITY/DISTANCELEARNINGRESOURCES/Pages/default.aspx>

Google for Education:

https://edu.google.com/intl/en_ca/?modal_active=none

CSPC Resources:

In keeping with having a consistent model for all CSPC's as we get back to engaging with one another and to ensure that important items are dealt with as we approach the end of the year we offer the following priorities:

- 1) Check and Connect with CSPC: have an initial meeting to re-connect: set a time and day to have an online meeting with the Principal. As you have set this date ensure that an email is sent to all Executive and voting members. This initial meeting can be a preliminary one and if discussed/accepted, to a fulsome CSPC meeting with members at large and parents.
- 2) Ensure that set rules are sent out for the first zoom meeting to take place, as this may be new territory for some parents to navigate, setting it up with expectations so that everyone understands that this is a meeting, and not a casual forum.
- 3) In this initial meeting, create the agenda. As this is not an ordinary meeting having a point specific agenda will alleviate any confusion or other discussions that are not necessary at this time.
- 4) Ensure that each Exec member has the necessary items needed to participate in the meeting (documents statements etc.)
- 5) Once this initial CSPC Meeting takes place, with all voting members it can then be determined with the discretion of the Principal if a larger CSPC meeting can/should take place. Some communities will choose to not offer this option, but some will choose to include all non-voting parent members.

Zoom Meeting Etiquette:

- 1) When you sign into the meeting you must sign in with your full name, no nick names or short form versions so that the host and everyone in the meeting know who you are.
- 2) Present yourself within a suitable meeting area such as a home office or kitchen, not in sitting in a bed or in a bathroom.
- 3) Ensure that this meeting space is quiet and free from distraction; ask your children to not present themselves on the screen or be part of the meeting.
- 4) Ensure that your clothing is suitable for a digital or face-to-face meeting, like you would do in person.
- 5) When you are in the meeting, do not do anything while in the meeting as a distraction, i.e., exercising, getting up and down to move, shifting your computer etc.

As stipulated the Principal is the HOST of the meeting and the CSPC Chair is the co-host – The CSPC Chair can run the meeting as they would normally do. Everyone should be entering the meeting MUTED and only will the Host/Co-Host unmute to speak.

CSPC Agenda Template: note that some are Elementary school specific and some are Secondary:

- ❖ Prayer
- ❖ Approval of Agenda
- ❖ Check and Connect with Everyone - provide two minutes to everyone to say hello.
- ❖ Principal Update: specific to any COVID updates / report on school community makeup (% of families connected with % that need technologies)
- ❖ CSPC Chair Update: Budget consultations/ updates from Board/ CPIC/OAPCE updates
- ❖ Playground funding (apply by May 22/20)

Discussion/Decide:

- ❖ Any outstanding lunches
- ❖ Any refunds needed to be done
- ❖ Any other outstanding fundraisers
- ❖ Any planned events
- ❖ Registration fees (Secondary)
- ❖ PRO Grant/PIC Funding
- ❖ Budget: current balance initial discussion how to utilize funds

We also recommend each CSPC open a zoom account with their [cspc.\(school\)@tcdsb.org](mailto:cspc.(school)@tcdsb.org) account for purposes of connecting with other parents or CSPC executives outside of a formal CSPC meeting.

We thank you for this opportunity and we can be reached anytime at:

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