



September 20, 2021

Dear TCDSB Families,

We would like to provide you with an update regarding the gradual return of extra-curricular activities in TCDSB schools, following today's release of [Toronto Public Health's \(TPH\) guidelines](#).

Taking into consideration the following TPH guidelines, TCDSB schools will implement a gradual return to extra-curricular activities including clubs, bands (with exception of wind & brass instruments) and sports with mixed cohorts, beginning as early as this week.

Health and Physical Education

Health and physical education curriculum activities will continue and students will remain in their cohorts. The use of gymnasiums, swimming pools, change rooms, weight rooms, indoor physical education equipment and shared outdoor equipment are permitted with masking and physical distancing.

Extra-Curricular Activities with Mixed Cohorts: Clubs, Bands (with exception of wind & brass instruments), Sports, etc.

TCDSB schools will support the gradual return of such activities beginning this week with considerations for the following:

- Individuals from different schools and mixed cohorts will be limited to the outdoors.
- Attendance will be required for contact tracing purposes.
- Confirmation of daily screening by all participants, staff and volunteers will be required.
- High-contact and high intensity activities are permitted outdoors. Masking is not required but should be considered along with physical distancing when possible.
- Low contact and low intensity activities are permitted indoors. Masking and physical distancing is required.
- Please note that due to ongoing Toronto Elementary Catholic Teachers (TECT) work to rule actions, extra-curricular activities at the elementary level may be impacted.

Field Trips

Recognizing the benefits of experiential learning, a gradual return of field trips can occur based on the following considerations:

- Virtual field trips will continue when possible.
- There will be a preference towards outdoor field trips because they are lower risk compared to indoor field trips.
- Overnight field trips are not permitted.
- For the duration of the trip, students will remain in their cohort or smaller groupings of their cohort, including during transportation.



- Pick-up/drop off of students will occur within a designated area.
- To facilitate contact tracing, records of all individuals including names, contact information, time of arrival/departure and screening will be required.

This gradual return to extra-curriculars is in alignment with guidance from TPH to ensure student and community safety while delivering the clubs and activities that our students enjoy. The full COVID-19 guidance for schools can be found on the [City of Toronto website](#).

We ask for your continued support, cooperation and patience as we work together to keep our school communities safe.

Toronto Catholic District School Board